

17 May, Sat eve	The Art of Being - In Life	Special Yoga Centre, London	England	Tel: 020-8968 1900 Email: info@specialyoga.org.uk
24 May, Sat eve	The Art of Being - In Life	Special Yoga Centre, London	England	Tel: 020-8968 1900 Email: info@specialyoga.org.uk
14 June, Sat eve	The Art of Being - In Life	Special Yoga Centre, London	England	Tel: 020-8968 1900 Email: info@specialyoga.org.uk
20 - 22 Jun	Life in Friendship	Ferme de Bossut, nr Brussels	Belgium	Tel: 0032 498 10 22 69 Email: ruthf18@gmail.com
28 June, Sat eve	The Art of Being - In Life	Special Yoga Centre, London	England	Tel: 020-8968 1900 Email: info@specialyoga.org.uk
19 - 20 Jul	Life in Friendship	Special Yoga Centre, London	England	Tel: 020-8968 1900 Email: info@specialyoga.org.uk
22 - 25 Aug	Inviting Intimacy	Integral Life Centre, nr. Chester	England	Tel: 020-8123 9831 Email: jan.artofbeing@gmail.com
5 -7 Sep	Doorways to the Heart	Open Sky House, Cologne	Germany	Tel: 0049-2173-40 99 203 Email: office@openskyseminare.com
26 - 28 Sept	Loving Me, Loving You	Ferme de Bossut, nr Brussels	Belgium	Tel: 0032 498 10 22 69 Email: ruthf18@gmail.com
8 - 12 Oct	Touching the Essence	EarthSpirit Centre, Somerset	England	Tel: 01453-752 604 Email: meru.artofbeing@gmail.com
18 - 21 Oct	The Gift of Being	Waldhaus Zentrum	Switzerland	Tel: 0041-34 461 0705 Email: waldhaus@waldhaus.ch
31 Oct - 4 Nov	Being in Love: Dancing with Life	Open Sky House, Cologne	Germany	Tel: 0049-2173-40 99 203 Email: office@openskyseminare.com
8 - 9 Nov	Loving Me, Loving You	Integral Life Centre, nr. Chester	England	Tel: 020-8123 9831 Email: jan.artofbeing@gmail.com
22 - 29 Nov	The Gift: Being Man, Being Woman	Cortijo Romero	Spain	Tel: (UK) 01494-765 775 Email: bookings@cortijo-romero.co.uk
28 Dec - 2 Jan	Passion, Power & Love	Integral Life Centre, nr. Chester	England	Tel: 01453-752 604 Email: meru.artofbeing@gmail.com
10 - 12 April, 09	Freedom to Feel, Freedom to Love	EarthSpirit Centre, Somerset	England	Tel: 01453-752 604 Email: meru.artofbeing@gmail.com
10 - 17 April, 09	Body, Heart & Soul 1	EarthSpirit Centre, Somerset	England	Tel: 01453-752 604 Email: meru.artofbeing@gmail.com

For individual coaching, or more information about any of these workshops, please contact Jan